

# Personal, Social and Health Education

## Intent

At St Peter's CE Academy, we believe that a high quality PSHE curriculum is fundamental to supporting our children to develop healthy minds and bodies. We recognise that a robust curriculum must not stand alone in teaching time but must permeate the school day so children can continue to learn through daily life. As a result of this, we believe they will become healthy, independent and responsible members of a society who understand how they are developing personally and socially, and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

## Implementation

The staff at our school are passionate and well-trained to deliver exciting and well-planned PSHE lessons, that offer progression and depth against the National Curriculum guidelines.

Children will learn through:

- Clear and comprehensive PSHE lessons in line with the National Curriculum
- Class scrap books demonstrating focus points and celebration of the children's work
- Class and whole school displays
- Specific language and vocabulary development (throughout the school day)
- 50 Things to do Before You're 9
- Wider curriculum - linking to PSHE, British Values and SMSC
- Assemblies - Collective Worship and Celebration Assembly - clear link to PSHE, British Values and SMSC
- Family and community events

## Impact

Our school values and inclusion of safeguarding within our curriculum is vital as first and foremost, we want our children to be safe and happy so that they can excel in all aspects of school life. Our PSHE curriculum provides them with a chance to reflect and learn about these crucial elements. Our children and staff value well-being, mental health and citizenship. Through our curriculum, we believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world.