

DID YOU  
KNOW?



We have teamed up with Better Health Staffordshire to work towards our shared vision of encouraging children to make healthier food choices.

Check out our menu to see which day they've chosen to promote.



FREE SCHOOL  
MEALS



All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by £458 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



### SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

[www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

for a full list of FAQs and to complete our online form.



# MENU

January-July  
2024

Staffordshire



edwards and ward  
a recipe for success

## WEEK ONE

## WEEK TWO

## WEEK THREE

MONDAY

**Margherita Pizza with Jacket Wedges (V)(WG)**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Green Beans, Sweetcorn**  
St Clement's Shortbread (Ve)



TUESDAY

**Penne with Beef Bolognese (WG)**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Broccoli, Garden Peas**  
Apple Crumble (Ve)(WG) with Custard (V)

WEDNESDAY

**Roast of the Day with Roasties, Stuffing & Gravy**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Cauliflower, Sliced Carrots**  
Chocolate Mousse with Pears (V)

THURSDAY

**Mild & Sweet Chicken Curry with Rice (WG)**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Rainbow Veg**  
Banana Bread (V)

FRIDAY

**Fish Fingers or Salmon Fish Fingers with Chips**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Baked Beans, Garden Peas**  
Vanilla Ice Cream with Peaches (V)

**Margherita Pizza with Jacket Wedges (V)(WG)**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Green Beans, Sweetcorn**  
Lime Shortbread (Ve)

**Cottage Pie**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Broccoli, Garden Peas**  
Chocolate & Pear Sponge with Chocolate Custard (V)

**Roast of the Day with Roasties, Yorkshire & Gravy**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Cauliflower, Sliced Carrots**  
Jelly (Ve)

**Breakfast for Lunch with Diced Potatoes**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Baked Beans, Cooked Tomato**  
Flapjack (Ve)

**Fish Fingers or Salmon Fish Fingers with Chips**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Baked Beans, Garden Peas**  
Vanilla Ice Cream with Banana (V)

**Margherita Pizza with Jacket Wedges (V)(WG)**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Sweetcorn, Green Beans**  
Vanilla Iced Shortbread (Ve)

**Pork or Chicken Sausages with Mash & Gravy**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Sliced Carrots, Garden Peas**  
Toffee Apple Sponge with Apple Custard (V)

**Roast of the Day with Roasties, Stuffing & Gravy**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Cabbage, Carrot Batons**  
Chocolate Mousse with Mandarins (V)

**Mac & Cheese (V)**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Rainbow Veg**  
Jammy Dodger Flapjack (Ve)

**Fish Fingers or Salmon Fish Fingers with Chips**  
Choice of Jackets, Sandwiches or Tomato Pasta  
**Baked Beans, Garden Peas**  
Vanilla Ice Cream with Fruit Cocktail (V)

08/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05, 03/06, 24/06, 15/07

15/01, 05/02, 26/02, 18/03, 08/04, 29/04, 20/05, 10/06, 01/07, 22/07

22/01, 12/02, 04/03, 25/03, 15/04, 06/05, 27/05, 17/06, 08/07

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily

V - Vegetarian Ve - Vegan WG - Wholegrain

