

Who am I and Where am I from?

Topic words	
Skeleton/bones	Bones help to support the body and to protect its organs
Senses	Senses allow us to observe and understand the world around us. There are five main ways we can do this: through sight (with our eyes), touch (with our fingers), smell (with our nose), taste (with our tongue) and hearing (with our ears).
Healthy	Being sound and well and not sick. Showing good health and eating healthy food.
Healthy eating	Healthy eating means eating a variety of foods that give you the nutrients you need to maintain your health, feel good, and have energy.
Family	A group made up of a parent or parents and their children
home/houses	The house or apartment where a person lives.
Address	The details of where I live.
Family tree	A family tree is a type of chart or diagram representing generations of families and how they are linked throughout the years
Past	Something that has already happened.
Present	Something that is happening now.

By the end of this topic.....

- * I will be able to name the different parts of the body.
- * I will be able to name the 5 senses. I will use my senses to complete an activity.
- * I will begin to understand what being healthy means.
- * I can identify healthy foods.
- * I can talk about my family and where I live.
- * I can identify different types of houses.
- * I can talk about my family and my past.

Curriculum Links

Understanding the World

3-4 years - Begin to make sense of their own life story and family's history.

Continue developing positive attitudes about the differences between people.

Reception - Talk about the members of their immediate family and community.

Name and describe people who are familiar to them.

Comment on images of familiar situations in the past.

Understand that some places are special to members of their community.

Recognise some environments that are different to the one in which they live.

ELG - Know some similarities and differences between things in the past and now, drawing on

their experiences and what has been read in class. Describe their immediate environment

using knowledge from observation, discussion stories, non-fiction texts and maps.

Talk about the lives of the people around them and their roles in society.

Links to our core values...

How can we show love and respect

for our bodies, our family and other people?

Show friendship towards the people that are familiar to us.

Show love, respect and friendship

when looking at similarities and difference in relation to others.

Exciting Books

